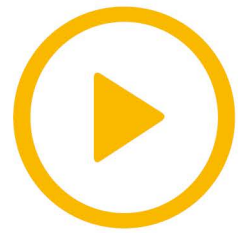


OUR RESEARCH ACHIEVEMENTS

Our research has helped us to make life-changing breakthroughs and support so many people with arthritis. Together, we've achieved so much, but there's still more to do. We're pushing back against arthritis.



1986
FIRST HEALTH QUESTIONNAIRE allowing rheumatoid arthritis patients to self-assess their functional ability developed



1989
TNF shown to play a key role in inflammation in rheumatoid arthritis

VERSUS ARTHRITIS

1936
THE EMPIRE RHEUMATISM COUNCIL was founded by Dr William Copeman

1953
GENETICS shown to play a role in rheumatoid arthritis for the first time

1977
PROTEINS involved in the breakdown and damage of cartilage identified in the joint



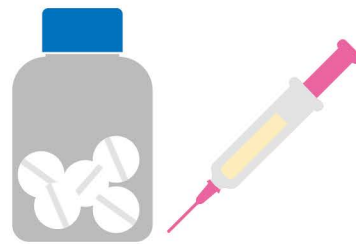
1990
FIRST BIOBANK for the collection and storage of samples from people with rheumatoid arthritis established

2007
THE ESCAPE-PAIN TRIAL showed exercise is effective at improving symptoms of knee pain



2004
PEOPLE WITH FIBROMYALGIA found to process pain differently due to altered brain mechanisms

2000
FIRST ANTI-TNF THERAPY LICENCED, transforming the lives of millions of people with inflammatory arthritis



1999
TAKING HEPARIN AND ASPIRIN was shown to prevent recurrent miscarriage in women with antiphospholipid syndrome

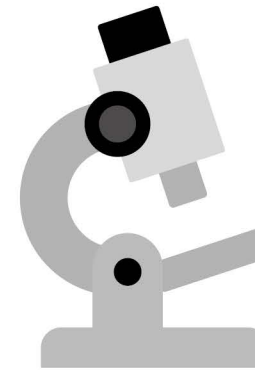
1994
OBESITY SHOWN TO BE A MAJOR RISK FACTOR for osteoarthritis of the knee



2008
OUR FIRST CENTRE OF EXCELLENCE WAS OPENED, bringing together experts working in key strategic areas. We now fund 13 research centres across the country

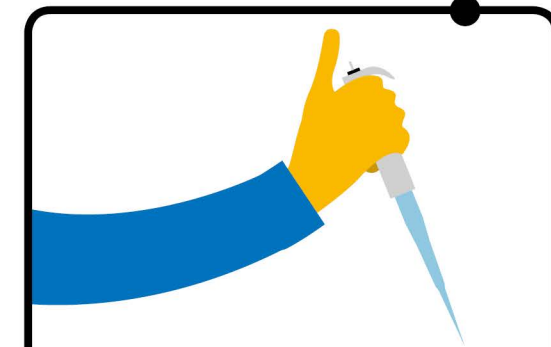
2012
THE STARTBACK QUESTIONNAIRE enabled targeted treatment for back pain

2012
ARCOGEN, the largest ever study into the genetics of osteoarthritis, revealed eight new genetic regions associated with this condition



2014
RAT CARTILAGE WAS SUCCESSFULLY REPAIRED using stem cells

2017
FIRST CARTILAGE CELL TRANSPLANTATION procedure for arthritis approved by NHS for early knee osteoarthritis



2017
ADALIMUMAB AND METHOTREXATE in combination shown to reduce eye inflammation and prevent blindness in children with juvenile idiopathic arthritis



2018
A NURSE-LED CARE AND EDUCATION INITIATIVE shown to improve outcomes for people with gout



WHO WE ARE

We are Versus Arthritis.

We're the 10 million people living with arthritis. We're the carers, researchers, healthcare professionals, friends, parents, runners and fundraisers all united in our ambition to ensure that one day, no one will have to live with the pain, fatigue and isolation that arthritis causes.

WHAT WE DO

Alongside volunteers, healthcare professionals, researchers and friends, we do everything we can to push back against arthritis. Together, we'll continue to develop breakthrough treatments, campaign relentlessly for arthritis to be seen as a priority, and support each other whenever we need it. Together, we're making real progress. But there's still a long way to go.

[versusarthritis.org](https://www.versusarthritis.org)

Registered Charity England and Wales No. 207711, Scotland No. SC041156.

THE FUTURE

Research helping us to continually push back against arthritis and work towards a cure