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| Template letter for writing to your MP |  |
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**{MP name**

**Address 1**

**Address 2**

**Address 3**

**Postcode}**

**{INSERT DATE}**

Dear **{INSERT YOUR MPs NAME}**,

I’m campaigning to make sure people with arthritis have a voice in our local area, and I’m writing to ask for your support to push back the limits of arthritis.

***{Insert details of the local issue you are campaigning on, your main concerns and personal experiences.]***

Over 10 million people in the UK have arthritis or musculoskeletal conditions, and there are thousands of local residents who have to live with pain or disability because of these conditions.

***{If you live in England, you can insert the number of local people living with osteoarthritis of the knee and hip. Find your local stats on arthritis by visiting*** [***www.arthritisresearchuk.org/mskcalculator***](http://www.arthritisresearchuk.org/mskcalculator)***}***

**As a voter in your constituency, I’m asking you to be a champion for people living with the pain of arthritis, and to meet with me to discuss this issue.**

I am especially keen to do press and social media promotion of this campaign, and would welcome any way you could positively contribute to this with your support.

I’d be grateful if you could please contact me to arrange a suitable time to meet via **{INSERT YOUR EMAIL}** or **{INSERT YOUR PHONE NUMBER}.**

**In the meantime, I hope you will consider working with leading charity Arthritis Research UK by becoming an Arthritis Champion for {INSERT AREA}.**

Arthritis Research UK's manifesto***Prevent, Transform, Cure*** asks all MPs to commit to doing three simple things which could transform services for people with arthritis now, while supporting policies which will lead to the prevention and cure of arthritis in the future.

**Please send an email to action@arthritisresearchuk.org with the subject ‘*Arthritis Champion*’ to become an Arthritis Champion today.**

Your name will appear on the list of champions on the Arthritis Research UK website, so that people in our area can see your support for people with arthritis.

I hope you'll become an Arthritis Champion today, and I look forward to your response.

Best wishes,

**{YOUR NAME}**