

**Table 1:** Summary table of pregnancy safety for painkillers, NSAIDs, anticoagulants, bisphosphonates and antihypertensives. This information is from the British Society for Rheumatology (BSR). Please talk to your doctor before stopping or starting any medications. See our pregnancy webpage for more information.

Drug type	Drug name	Can it be taken by a woman when trying for a baby?	Can it be taken during pregnancy?	Can it be taken when breastfeeding?	Can it be taken by a man when trying for a baby?
Painkillers	Paracetamol	✓ Yes	✓ Yes, but try to use only as and when you need it.	✓ Yes	✓ Yes*
	Codeine	✓ Yes	✓ Yes	! Caution is advised	✓ Yes*
	Tramadol	✓ Yes	✓ Yes	✓ Yes*	✓ Yes*
Other long-term pain treatments	Amitriptyline	✓ Yes	✓ Yes	✓ Yes	✓ Yes*
	Gabapentin	✗ No	! Not enough data	! Not enough data	! No data
	Pregabalin	! No data	! No data	! No data	! No data
NSAIDs	NSAIDs	✓ Yes	! Use with caution in the first three months and stop by 32 weeks.	✓ Yes	✓ Yes
	COX-2 inhibitors	✗ No	✗ No	✗ No	! No data
	Low dose aspirin	✓ Yes	✓ Yes	✓ Yes*	✓ Yes*
Anticoagulants	Warfarin	✗ No	✗ No	✓ Yes	! No data
	Heparin	✓ Yes	✓ Yes	✓ Yes*	✓ Yes*
Bisphosphonates	Bisphosphonates	✗ Stop six months before	✗ No	! No data	! No data
Antihypertensives	ACE inhibitors	✓ Yes, but stop when pregnant	✗ No	✓ Yes*	! No data

\*These drugs are considered to be safe, but the data gathered from the research is limited. It's important to discuss these with your doctor.