

**Table 2:** Summary table of pregnancy safety for corticosteroids, DMARDs, anti-TNFs and other biologics. The information is from the British Society for Rheumatology (BSR) and has been updated with more recent guidance from the American College of Rheumatology (ACR). Please talk to your doctor before starting or stopping any medications. See our pregnancy webpage for more information.

Drug type	Drug name	Can it be taken by a woman when trying for a baby?	Can it be taken during pregnancy?	Can it be taken when breastfeeding?	Can it be taken by a man when trying for a baby?
<b>Steroids</b>	<b>Prednisolone</b>	✓ Yes	✓ Yes	✓ Yes	✓ Yes
	<b>Methylprednisolone</b>	✓ Yes	✓ Yes	✓ Yes	✓ Yes
<b>DMARDs</b>	<b>Hydroxychloroquine</b>	✓ Yes	✓ Yes	✓ Yes	✓ Yes*
	<b>Methotrexate</b>	✗ Stop three months before	✗ No	✗ No	✓ Yes*
	<b>Sulfasalazine</b>	✓ Yes	✓ Yes	✓ Yes if the baby is healthy	✓ Yes
	<b>Leflunomide</b>	✗ No you'll need treatment to remove it from your body beforehand	✗ No	! No data	✓ Yes*
	<b>Azathioprine</b>	✓ Yes	✓ Yes	✓ Yes	✓ Yes
	<b>Ciclosporin</b>	✓ Yes	✓ Yes	✓ Yes*	✓ Yes*
	<b>Tacrolimus</b>	✓ Yes	✓ Yes	✓ Yes*	✓ Yes*
	<b>Cyclophosphamide</b>	✗ No	✗ No	✗ No	✗ No
	<b>Mycophenolate mofetil</b>	✗ Stop six weeks before	✗ No	✗ No	✓ Yes*
<b>IVIg</b>	✓ Yes	✓ Yes	✓ Yes	✓ Yes*	
<b>Anti- TNF</b>	<b>Infliximab</b>	✓ Yes	✓! Yes, but consider stopping at 16 weeks	✓ Yes*	✓ Yes*
	<b>Etanercept</b>	✓ Yes	✓! Yes, but consider stopping at end of second trimester	✓ Yes*	✓ Yes*
	<b>Adalimumab</b> <b>Golimumab</b>	✓ Yes	✓! Yes, but consider stopping at end of second trimester	✓ Yes*	✓ Yes*
	<b>Certolizumab pegol</b>	✓ Yes	✓ Yes	✓ Yes*	✓ Yes*
<b>Other biologics</b>	<b>Rituximab</b>	! Usually advised to stop six months before	! Only consider after specialist advice if no alternative drug available	✓ Yes*	✓ Yes*
	<b>Abatacept</b>	✓ Yes, but stop when pregnant	! Only consider after specialist advice if no alternative drug available	! Limited data	! No data
	<b>Anakinra</b>	✓ Yes, but stop when pregnant	! Only consider after specialist advice if no alternative drug available	! Limited data	! No data
	<b>Belimumab</b>	✓ Yes, but stop when pregnant	! Only consider after specialist advice if no alternative drug available	! Limited data	! No data
	<b>Tocilizumab</b> <b>Ustekinumab</b> <b>Secukinumab</b>	✓ Yes, but stop when pregnant	! Only consider after specialist advice if no alternative drug available	! Limited data	! No data

\*These drugs are considered to be safe, but the data gathered from the research is limited. It's important to discuss these with your doctor.