Anti-TNF
The inflammatory arthritis treatment revolution

What is inflammatory arthritis?
A group of conditions which affect your immune system and can cause pain, stiffness, and joint damage.

Inflammatory arthritis
In the UK

200,000 People have ankylosing spondylitis
220,000 People have psoriatic arthritis
430,000 People have rheumatoid arthritis

Common symptoms
- Joint pain
- Stiffness
- Swelling

Extent of the disease
Affects any part of the body

Age
Affects any age

Effects on the quality of life
- Ability to work
- Depression
- Social wellbeing
- Daily tasks

Medical treatment:
Two types of disease-modifying anti-rheumatic drugs (DMARDs)

Biological DMARDs
e.g. anti-TNF
Licensed 1990s

Conventional DMARDs
e.g. methotrexate
Licensed 1930s

For more information visit versusarthritis.org

Only 30-50% of people with rheumatoid arthritis achieve a low disease activity score or remission on conventional methotrexate therapy alone.

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